



Foundation YMCA Gym Schedule May 2023

Important: Gym Schedules are subject to change

Times	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5am							
6am		Court B- Full Court Ages 16+ Court A- Open Court Basketball	Court B- Full Court Ages 16+ Court A- Open Court Basketball	Court B- Full Court Ages 16+ Court A- Open Court Basketball	Court B- Full Court Ages 16+ Court A- Open Court Basketball	Court B- Full Court Ages 16+ Court A- Open Court Basketball	
7am		Courts A&B- Open Court Basketball	Court A – Pickleball	Courts A&B- Open Court Basketball	Court A – Pickleball	Courts A&B- Open Court Basketball	Court A- Pickleball
8am			Court B- Open Court Basketball		Court B- Open Court Basketball		Court B – Open Court Basketball
9am							
10am							
11am	Court B- Full Court Ages 16+ Court A- Open Court Basketball *Gym Closes 15 mins early		Court B- Full Court Ages 16+ Court A- Open Court Basketball		Court B- Full Court Ages 16+ Court A- Open Court Basketball		Court B- Full Court Ages 16+ Court A- Open Court Basketball *Gym closes 15 mins early
12pm							
1pm							
2pm							
3pm			Court A- Pickleball Court B- Open Court Basketball	Court A- Closed for Y-GIG programming.	Court A- Closed for Y-GIG programming.	Court A- Pickleball Court B- Open Court Basketball	Court A- Closed for Y-GIG programming.
4pm			Court B- Open Court Basketball	Court B- Open Court Basketball		Court B- Open Court Basketball	
5pm							
6pm							
7pm		Court B- Full Court Ages 16+ Court A- Open Court Basketball *Gym closes 15 mins early	Court B- Full Court Ages 16+ Court A- Open Court Basketball *Gym closes 15 mins early	Court B- Full Court Ages 16+ Court A- Open Court Basketball *Gym closes 15 mins early	Court B- Full Court Ages 16+ Court A- Open Court Basketball *Gym closes 15 mins early	Court B- Full Court Ages 16+ Court A- Open Court Basketball *Gym closes 15 mins early	