



Foundation YMCA Gym Schedule November 2022

Important: Gym Schedules are subject to change

Times	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
5am		Court B- Full Court Ages 16+	Court B- Full Court Ages 16+	Court B- Full Court Ages 16+	Court B- Full Court Ages 16+	Court B- Full Court Ages 16+		
6am		Court A- Open Court	Court A- Open Court	Court A- Open Court	Court A- Open Court	Court A- Open Court		
7am		Courts A&B- Open Court	Courts A&B- Open Court	Courts A&B- Open Court	Courts A&B- Open Court	Courts A&B- Open Court	Court B- Full Court ages 16+ Court A-open court	
8am			Courts A&B- Pickleball		Courts A&B- Pickleball			
9am			Court B- Pickleball		Court B- Pickleball			
10am			Court A- Open Court		Court A- Open Court			
11am	Court B- Full Court ages 16+ Court A- Open Court		Court A&B- Open Court		Court A&B- Open Court			
12pm		Court B- Full Court ages 16+ Court A-open court	Court B- Full Court ages 16+ Court A-open court	Court B- Full Court ages 16+ Court A-open court	Court B- Full Court ages 16+ Court A-open court	Court B- Full Court ages 16+ Court A-open court		
1pm								
2pm			Courts A&B- open courts	Courts A&B- open courts	Courts A&B- open courts	Courts A&B- open courts		Courts A&B- open courts
3pm								
4pm								
5pm		Court B- full court ages 16+	Court B- full court ages 16+	Court B- full court ages 16+	Court B- full court ages 16+	Court B- full court ages 16+		
6pm		Court A open court	Court A open court	Court A open court	Court A open court	Court A open court		
7pm								
8pm								