

NOVEMBER WARM-UP POOL

SUN	MON	TUE	WED	THU	FRI	SAT
11:30AM - 1:30PM Independent Aqua Aerobics	5:30AM - 7:30AM Water Walking	5:30AM - 7:30AM Independent Aqua Aerobics	5:30AM - 7:30AM Water Walking	5:30AM - 7:30AM Calming Swim	5:30AM - 7:30AM Water Walking	7:30AM - 9:00AM Water Walking
1:30PM - 4:30PM Open Swim	7:30AM - 11:00AM Open Swim	7:30AM - 10:15AM Open Swim	7:30AM - 9:30AM Open Swim	7:30AM - 10:15AM Open Swim	7:30AM - 11:00AM Open Swim	9:00AM - 10:00AM Calming Swim
	11:00AM - 2:30PM Independent Aqua Aerobics	10:30AM - 11:30AM Aqua Aerobics (Betsy)	9:45AM - 10:45AM Women's Only Swim Hour	10:30AM - 11:30AM Aqua Aerobics (Betsy)	11:00AM - 1:30PM Independent Aqua Aerobics	10:00AM - 12:00PM Independent Aqua Aerobics
	2:30PM - 6:30PM Open Swim	11:30AM - 3:00PM Water Walking	11:00AM - 2:30PM Independent Aqua Aerobics	11:30AM - 3:30PM Open Swim	1:30PM - 4:30PM Open Swim	12:00PM - 3:30PM Open Swim
	6:30PM - 7:30PM Calming Swim	3:00PM - 6:30PM Open Swim	2:30PM - 6:30PM Open Swim	4:30PM - 5:30PM YGIG Programing	4:30PM - 5:30PM YGIG Programing	
		6:30PM - 7:30PM Aqua Zumba (Marisol)	6:30PM - 7:30PM Independent Aqua Aerobics	5:30PM - 7:30PM Water Walking	5:30PM - 7:30PM Open Swim	

NOVEMBER COMPETITION POOL

SUN	MON	TUE	WED	THU	FRI	SAT
11:30AM - 1:30PM Lap Swim (All Lanes)	5:30AM - 7:30AM Lap Swim (All Lanes)	5:30AM - 7:30AM Lap Swim (All Lanes)	5:30AM - 7:30AM Lap Swim (All Lanes)	5:30AM - 7:30AM Lap Swim (All Lanes)	5:30AM - 7:30AM Lap Swim (All Lanes)	7:30AM - 12:00PM Lap Swim (All Lanes)
12:30PM - 2:30PM Lap Swim (4 Lanes) Open Swim (4 Lanes)	7:30AM - 11:00AM Lap Swim (6 Lanes) Open Swim (2 Lanes)	7:30AM - 10:00AM Lap Swim (6 Lanes) Open Swim (2 Lanes)	7:30AM - 9:30AM Lap Swim (6 Lanes) Open Swim (2 Lanes)	7:30AM - 10:00AM Lap Swim (6 Lanes) Open Swim (2 Lanes)	7:30AM - 11:00AM Lap Swim (6 Lanes) Open Swim (2 Lanes)	12:00PM - 3:30PM Lap Swim (6 Lanes) Open Swim (2 Lanes)
2:30PM - 4:30PM Lap Swim (All Lanes)	11:00AM - 1:00PM Lap Swim (All Lanes)	10:00AM - 1:00PM Lap Swim (All Lanes)	9:45AM - 10:45AM Women's Only Swim Hour	10:00AM - 1:00PM Lap Swim (All Lanes)	11:00AM - 1:00PM Lap Swim (All Lanes)	
	1:00PM - 3:00PM Lap Swim (6 Lanes) Open Swim (2 Lanes)	1:00PM - 3:00PM Lap Swim (6 Lanes) Open Swim (2 Lanes)	11:00AM - 1:00PM Lap Swim (All Lanes)	1:00PM - 3:00PM Lap Swim (6 Lanes) Open Swim (2 Lanes)	1:00PM - 3:00PM Lap Swim (6 Lanes) Open Swim (2 Lanes)	
	3:00PM - 7:30PM Swim Team Practices (6 Lanes) Lap Swim (2 Lanes)	3:00PM - 7:30PM Swim Team Practices (6 Lanes) Lap Swim (2 Lanes)	1:00PM - 3:00PM Lap Swim (6 Lanes) Open Swim (2 Lanes)	3:00PM - 7:30PM Swim Team Practices (6 Lanes) Lap Swim (2 Lanes)	3:00PM - 7:30PM Swim Team Practices (6 Lanes) Lap Swim (2 Lanes)	
			3:00PM - 7:30PM Swim Team Practices (6 Lanes) Lap Swim (2 Lanes)			